

# Community Counseling Center of Central Florida, LLC

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#### **2007 Annual Report**

Dear Stakeholders.

Welcome to the 2007 Annual Report from Community Counseling Center of Central Florida, LLC! We are thrilled to be providing you with this information so that you may remain involved and informed about the current and future state of this organization. We wish to make a simple but important point: Our success depends upon our ability to provide the public with exemplary mental health services and to ensure the satisfaction of our clients, our referral sources, our staff and other vital persons within our community.

With this in mind, how did we do in 2007? We believe that 2007 continued to be a year of growth. We hired 8 additional staff members to better serve our core programs. We expanded our office space to accommodate this growth. In addition to serving Orange, Osceola and Seminole Counties we began to serve clients in the Volusia County area as well.

CCCCF joined in new partnerships like those with the Seminole County Children's Cabinet and we participate actively in the Orange and Osceola County Children's Cabinets. CCCCF is truly committed to corporate citizenship and these efforts demonstrate that commitment.

CCCCF was awarded a 3-year United States Department of Health & Human Services Capacity Building Grant (Communities Empowering Youth) in collaboration with Human Services Associates, Inc.; Firm Foundation, Inc.; Life and Work Soulutions, Inc. and the Center for Non-Violence Learning.

CCCCF continued with our CARF accreditation efforts with a plan to be a fully accredited CARF agency by the end of 2008.

CCCCF remains confident in the underlying strength of our business. Our strong fiscal position by being 100% debt free allows for us to invest in the future as well as maintain our current programs and services. Together with our staff, our partnerships, our clientele and other vital professionals CCCCF will continue to strive to meet your expectations with enthusiasm and professionalism.

Corrie L. Hungerford, Ph.D., LMHC, LMFT, NCC Owner Community Counseling Center of Central Florida, LLC

### 2007 Annual Report

#### **Mission**

Community Counseling Center of Central Florida, LLC is committed to the meaningful treatment of youths and their families in a manner that meets the needs of the client, family and community. Our mission is to provide the highest quality of care and treatment to those in need and to remain committed to our client throughout treatment. Our goal is to empower our client and their families by providing on-site mental health services and interventions in the community.

#### History of Company

CCCCF has been in business since 1999. CCCCF was originally established by Dr. Corrie Hungerford and Dr. Teresa Chmelir. In 2004, Dr. Chmelir left the organization to pursue other interests but remains with us today as an Independent Contractor! Dr. Hungerford reincorporated the agency and presently serves as its sole owner.

CCCCF is a community based mental health agency that currently provides outpatient mental health treatment. Our services are primarily provided to persons and families involved with the dependency/child welfare system. We consider ourselves to be the premier community based mental health provider in Central Florida.

CCCCF utilizes community-based interventions as our primary approach. It is our belief that in order to reach the youths and families in need we must begin in their homes, schools and communities. CCCCF realizes that as a community we have struggled to keep up with the demand of families at-risk of or currently experiencing significant problems leading to despair, violence and broken homes. CCCCF believes in improving family and child functioning so that families may reach their full potential. These services are most effective when delivered in the client's own setting. Community-based therapy eliminates the many obstacles faced when clients have to travel to a clinic for services. In turn, the therapist is able to better understand the real life situations that often cause the family system to deteriorate. Our aim is to intervene and have the family experience significant and lasting changes leading to improved family stability.

## Specific Services Provided

CCCCF provides a variety of outpatient mental health services to the Central Florida community. Services currently offered include:

- \* Individual Counseling
- \* Family Counseling
- \* Marriage/Couples Counseling
- \* Parenting Skills Classes
- \* Impulse Control Classes
- \* Anger Management Classes
- \* Teen Life Skills Groups
- \* Mental Health Assessments

### \* Comprehensive Behavioral Health Assessments

Services are provided in an array of locations to best meet the client's needs and are offered day, evenings and weekends to accommodate those with varied schedules.

### Financial Summary

CCCCF remains fiscally strong. The agency is without any outstanding debt. CCCCF has corporate checking and savings accounts and can access corporate credit when necessary. CCCCF continues to grow financially and expand the services offered and the number of staff available to deliver outpatient mental health treatment.

### Significant Events

This year CCCCF hired 8 additional staff members to better serve our core programs. We have expanded our office space to accommodate this growth. In addition to serving Orange, Osceola and Seminole Counties we began to serve clients in the Volusia County area as well.

CCCCF has joined in new partnerships like those with the Seminole County Children's Cabinet and participate actively in the Orange and Osceola County Children's Cabinets as well. CCCCF is truly committed to corporate citizenship and these efforts demonstrate that commitment.

In October of 2007, CCCCF was awarded a 3-year United States Department of Health & Human Services Capacity Building Grant (Communities Empowering Youth) in collaboration with Human Services Associates, Inc.; Firm Foundation, Inc.; Life and Work Soulutions, Inc. and the Center for Non-Violence Learning.

CCCCF is continuing with our CARF accreditation efforts with a plan to be a fully accredited CARF agency by the end of 2008.

#### Analysis & Significant Trends

Central Florida remains a diverse community with many challenges to its citizens. Child abuse remains a significant problem in our community and CCCCF strives though both preventative efforts and intervention programs to combat the underlying factors that continue to contribute to the high level of child abuse and family violence seen in our neighborhoods. CCCCF will continue to employ and increase the number of culturally diverse staff to be fluent in many languages to meet the needs of our diverse clientele. CCCCF will continue to develop programs that will serve youth considered to be at-risk and those youth involved with the Department of Juvenile Justice.

#### **New Services**

In 2007 CCCCF expanded its offerings in completing Child Welfare Comprehensive Behavioral Health Assessments (CBHAs) by hiring two part-time staff members to meet the assessment needs of foster care children.

#### Future Goals & New Initiatives

CCCCF plans to make 2008 an even more successful year. The following is a summary of our plans to strengthen our organization:

# Short-Term Plans (1st 6 months of 2008)

- Develop and implement a youth anger management program
- Develop and implement a youth life skills program
- Develop and implement a youth and adult impulse control program

# Long-Term Plans (Achievement by the end of 2008)

- Obtain CARF accreditation
- Develop new revenue sources such as obtaining Medicaid HMO contracts Such as Amerigroup, StayWell and Health Ease.
- Achieve success as part of the CEY grant program by:
  - Improving the capacity building expertise of the agency
  - Meeting the needs of at-risk youth in the community utilizing both intervention and prevention efforts through the establishment of a youth advisory board and implementing at least one prevention program for youth.